

**Presidio 10 - Waiver and Release of Liability
(PLEASE READ CAREFULLY)**

In consideration of my entry, and of my own free will, I for myself, my heirs, executors and administrators, forever waive, release and give up any and all claims, demands, liability, damages, costs and expenses of any kind whatsoever (including personal injuries to me or my wrongful death) against the city or county of San Francisco, The Presidio 10 ("Event"), The Guardsmen, The Ashlyn Dyer Foundation, USATF and all municipal agencies whose property and/or personnel are used, other sponsoring or co-sponsoring company(ies), agency(ies), beneficiaries, affiliated entities or individual(s), the Golden Gate Bridge, Highway and Transportation District, its Officers, Directors, employees, representatives, agents, contractors and subcontractors (collectively, "the parties") which may arise from my participation in the event on Sunday, April 15, 2012, or while traveling to or from the event, even if caused in whole or in part by the negligence or other fault of the parties or persons I am hereby releasing, by the dangerous or defective conditions of any property or equipment owned, maintained or controlled by them and/or because of their liability without fault. I hereby certify that I am in good condition and am able to safely compete in this event. I will additionally grant full permission to the Event and/or agents by them, to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose. I also understand that the entry fee is non-refundable and non-transferrable. I assume full responsibility for any injury, loss, or damage associated with my consumption of alcohol and/or drugs.

IF PARTICIPANT IS UNDER AGE 18: This is to certify that my son/daughter has my permission to compete in the Presidio 10 races, is in good physical condition and that race officials have my permission to authorize emergency treatment if necessary. I FULLY UNDERSTAND I AM FOREVER GIVING UP, IN ADVANCE, ANY RIGHT TO SUE OR MAKE CLAIM AGAINST THE PARTIES I AM RELEASING IF I SUFFER SUCH INJURIES AND DAMAGES, EVEN THOUGH I DO NOT KNOW WHAT OR HOW EXTENSIVE THOSE INJURIES AND DAMAGES MIGHT BE, AND I AM VOLUNTARILY ASSUMING THE RISK OF SUCH INJURIES AND DAMAGES.

Dated: _____ Signature: _____

Name (print): _____

28th Annual Presidio 10 Run • 10 miles or 10K • April 15, 2012
Each participant must complete an entry form and sign waiver on front.

Name (First) _____ (Last) _____

Address _____

City _____ State _____ ZIP _____

Phone (Day) _____ M F Age on Race Day _____ T-Shirt S M L XL _____

Email Address _____

RRCA Coupon Code _____

Running Club Affiliation _____

Form of Payment (check one) Credit Card Check (enclosed)

Credit Card (check one) VISA MC AMEX

Please make checks payable to: THE GUARDSMEN
 Mail registration forms to: THE GUARDSMEN • c/o Presidio 10
 P.O. Box 29250
 SAN FRANCISCO, CA 94129-0250

Card Number _____

Expiration _____ / _____

Signature of Card Holder _____

 for official use only

10K **10 MILE**

Entry Fee: (race entry, t-shirt & goody bag)

	10K	10 MILE
P10 before Mar. 1	\$35	\$45
P10 Mar. 1 – Apr. 13	\$40	\$55
P10 Apr. 14 –15	\$50	\$65
ADDITIONAL DONATION		
TOTAL ENCLOSED		